The effect of grants on university drop-out rates: evidence on the Italian case

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- We study the causal impact of need-based grants on university dropout in the first year
- Policy relevant topic. In Italy:
 - low university completion rate
 - significant number of dropouts occur during the first year of study

- In general, to evaluate the grants causal effect, we would like to compare students who received the grant with students who did not, all other things being equal
- But this comparison may be confounded by several omitted characteristics of the student (Bettinger, 2007; Mealli and Rampichini, 2012):
 - family economic conditions;
 - ability;
 - commitment to study (voluntary application process).

Idea: focus on eligible students in the same university in the same year



- In the first year of enrollment, eligibility is based on the students' economic indicator I
- If $I \leq$ Threshold the student becomes eligible for grants, BUT...

Treated and control group



- NOT all of them are awarded the scholarship due to the lack of funds;
- We have a treatment group (beneficiaries) and control group (eligible but not beneficiaries);
- we study the effect of the grant on the treatment group (ATT), with respect to the control group;

- Administrative data (Anagrafe Nazionale Studenti) Period: 2003-2013
- Working sample includes students:
 - 18-20 year-olds;
 - enrolled for the first time in an Italian university;

- PRO: In general literature focuses on specific case studies
- CONS: No info on family income/education. However:
 - both treated and control are poor because their income is below some thresholds, but treated are slighlty poorer,
 - the available set of covariates and the fact that the analysis compared beneficiaries and eligible students within university helped in reducing possible remaining differences.

Empirical strategy (1)

$$Y_{iut} = \alpha S_{iut} + \beta X_{iut} + D_{ut} + \epsilon_{iut}.$$
 (1)

- Y_{iut}: dummy for dropout (student *i* enrolled in university *u* at time *t* dropped out at the end of the year)
- Siut: binary treatment status
- X_{iut}: gender, area of residence, dummy for out-of-site students, high school type and grade, dummy for urban local labor system of residence
- *D_{ut}*: university/time FE

Empirical strategy (2)

Two steps procedure (Rosenbaum and Rubin, 1983-84):

• Propensity score (logit):

$$e(X,D) = \mathbf{E}[S_{iut}|X_{iut}, D_{uT}] = Pr(S_{iut} = 1|X_{iut}, D_{uT})$$
(2)

- Blocking with Regression:
 - Split the sample into J sub-classes according to the propensity score;
 - Run J OLS regressions of the outcome on the treatment status and X_{iut}, D_{uT} (J estimates $\hat{\alpha}_j$, one for each block).
 - Average treatment effect on the treated group:

$$ATT = \sum_{j=1}^{J} \frac{N_{treatj}}{N_{treat}} \cdot \hat{\alpha}_j$$
(3)

• weights: the proportion of treated units in each block

Estimated effect of scholarship on dropout								
block #	N(treated)	N(tot)	weight	α_j	standard error			
j=1	2,313	16,749	0.0158	0.0256***	0.0075			
<i>j</i> =2	11,124	38,247	0.0762	0.0008	0.0035			
<i>j</i> =3	5,575	11,822	0.0382	-0.0047	0.0053			
<i>j</i> =4	13,373	18,607	0.0916	-0.0236***	0.0049			
<i>j</i> =5	113,577	119,722	0.7781	-0.0323***	0.0046			
ATT			-0.0270***	0.0036				
Ν	205,147							

The grant reduces the drop out rate by 2.7%. This means that the drop-out rate for those who received the grant would have increased from 7% to about 10% in the absence of a grant.

Estimated average impact of scholarship on dropout, interaction terms									
	(1)	(2)	(3)	(4)					
treatment	-0.0315***	-0.0123***	-0.0455***	-0.0355***					
	(0.0056)	(0.0041)	(0.0059)	(0.0045)					
treatment*female	0.0075								
	(0.0067)								
treatment*resident South		-0.0311***							
		(0.0075)							
treatment* <i>licei</i>		. ,	0.0335***						
			(0.0066)						
treatment*high grade			```	0.0263***					
				(0.0058)					

The grant is more effective in reducing drop out:

- for students living in the South,
- for students from vocational studies,
- for students with low grade at the final exam of high school.

- Not straightforward to compare a student in humanities to a student in science: fixed effects university/time/field specific (4 fields: sanitary, science, social and humanities)
- Different estimation methods (Kernel matching and Propensity score re-weighting) and different sub-samples
- The range of the effect of the grant goes from -2.7% to -4.3%.

- Our analysis confirms the role of financial constraints in explaining large differences in university dropout rates: about 1/3 of the students would have left university in the absence of the grant.
- Reducing the dropout rate of students from low income families can lead to more equitable schooling opportunities, thus improving educational mobility across generation
- and can have an impact on several outcomes such as labor market outcomes, social outcomes (OECD, 2016).

Descriptive statistics

Descriptive statistics for treated and non-treated groups.						
	Treated	Non-treated	Differences			
Pct. of dropout	0.07	0.10	-0.027***			
			(0.001)			
Pct. of female	0.64	0.61	0.032***			
			(0.002)			
Pct. of resident in the North	0.32	0.24	0.082***			
			(0.002)			
Pct. of resident in the Center	0.18	0.13	0.051***			
			(0.002)			
Pct. of resident in the South	0.50	0.63	-0.133***			
			(0.002)			
Average high school grade	83.30	85.26	-1.969***			
			(0.061)			
Pct. from <i>licei</i>	0.55	0.61	-0.061***			
			(0.002)			
Pct. of study in a different area from that of residence	0.21	0.06	0.154***			
			(0.002)			
Pct. of living in an urban LLS	0.39	0.43	-0.038***			
			(0.002)			
Pct. of foreign students	0.04	0.01	0.025***			
			(0.001)			
Ν	146,005	59,219				

Source: ANS